



PODOPHARM®

PRODUCT CATALOG



PODOPHARM® is a Polish company which I set up at the beginning of 2014. I am a production engineer by profession. My passion is to create innovative cosmetic formulas which is based on specialist knowledge and many years of experience. Our products are intended for highly demanding people professionally involved in podology and cosmetology. The company has become the part of the global or-tonyksen by implementing Podobrace, the implant for ingrown nails correction, on the market. We have developed and introduced innovative worldwide multi-component ONYGEN® Cream for onycholysis of fingernails hands and feet.



MISSION

Our mission is to transfer the innovative solutions for the development of podology, a branch of science dealing with the problems with foot disorders, in Poland and across the world. Podopharm company's registered office is in Technological Park in Kielce. This localization provides us with a great opportunity to combine the science sector with the business one.

VALUES

The most demanding group of people suffering from foot disorders are diabetics. Currently, there are about 200 million people with diabetes in the whole world. This negative phenomenon is dynamically growing. The future predictions are threatening. Diabetes has become a civilization disease. In order to address this problem and meet the market demand we create the products and services which contribute to the reduction of foot disorders.

EXPERIENCE

The greatest company capital are its employees who have years of experience, are very well educated and search for innovative solutions in creating high quality products and services offered in medical and cosmetics industry. In order to provide the products and services of the highest quality, we cooperate with independent research units as well as medical, cosmetic and production engineering experts.

I cordially invite you to cooperation.

Aneta Oleszek

CEO PODOPHARM Sp. z o.o.

PODOPHARM PROFESSIONAL, PODOPHARM MED and **PODOPHARM THERAPY** are lines of specialized products whose recipes have been developed in cooperation with podologists. All products are dermatologically tested and have received a positive opinion of use in people with diabetes. The effectiveness of their action has been confirmed in independent laboratory tests. Products repeatedly awarded with prestigious awards at international fairs. All products are reported in the European Cosmetic Products Notification Portal.

PODOBANCE a global innovation in the field of correction ingrown nails. The product has been awarded two the **Mercurius Gedanensis** and **Beauty awards Premium 2015**.



The Podobrace system is a Polish invention, which was registered in the Polish Copyright Office. It is produced in Poland and distributed exclusively by PODOPHARM LLC. The product meets the legal and epidemiological requirements for application of temporary implant for the correction of ingrown nails. The brace is made of the CE certified implant steel and is registered as a medical tool.

Podobrace has two side arms made of a hard steel wire 0.3 mm, 0.4 mm, 0.5 mm in diameter and a connector made of a mild steel wire, which is more plastic, 0.3 mm, 0.4 mm, 0.5 mm in diameter.

The main advantage of Podobrace is the possibility to check the effectiveness of the nail relief, its adaptation to the anatomical shape of the nails, tension and bending before rightening the connector, which is tremendously convenient while applying Podobrace and results in usage only one set for one application. Another advantage of Podobrace is the easy set-up which does not require trimming brace's arms before setting and twisting tension connector.

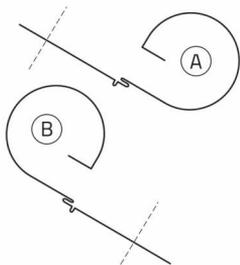
Furthermore, Podobrace is univereal, which means that one item of Podobrace can be adapted to any size or shape of the nail without unnecessary modifications and therefore their is no need to make Podobrace available in different sizes. Podobrace system can be used in the offices of physicians, nurses, chiropodists, or cosmetologist after completing the special training which are organized by PODOPHARM LLC. We invite you to cooperate with distributors around the world.



APPLICATION PODOBRANCE ON NAILS

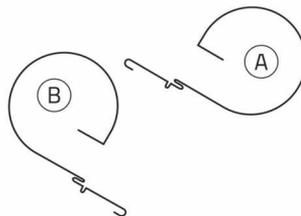
STEP I

The free sections of arms **A** and **B** need to be shortened to match the width of the nail.



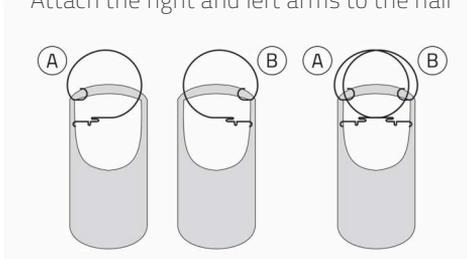
STEP II

The ends of **A** and **B** need to be bent to match the growth of the nail. The bent ends need to be made into hook so that the PODOBRANCE can be attached to the nail.



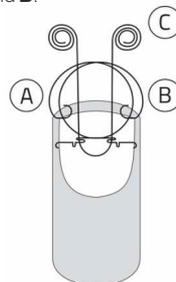
STEP III

Attach the right and left arms to the nail



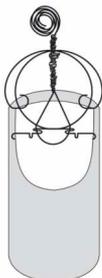
STEP IV

Attach connector **C** to the first bend of the PODOBRANCE in order to connect arms **A** and **B**.



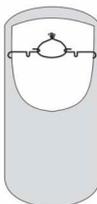
STEP V

Insert the hook through both loops of the connector and twist in order to fix the PODOBRANCE onto the nail permanently.



STEP VII

Cover all sharp elements of the wire with nail repair gel.



STEP VI

Next cut of all wire elements that protrude beyond the PODOBRANCE connector.

PODIATRY INSTRUMENTS

HOOK FOR PODOBRACES



The professional hook for assembling, holding and bending wire braces such as Podobrace.

TWEEZER



The tool most frequently used in tamponade podological treatments and removing the wire brace.

FORCEPS FOR SHAPING WIRE



Universal applicability for bending and holding the orthonyxie wire.

NEEDLE HOLDER



It is used to assembly the orthonyxie braces. It firmly holds and bends the wire.

EXCAVATOR PROBE



1,5x1,5 mm
1,7x1,7 mm
2,1x2,1 mm

The essential tool in podological treatments such as cleaning nail margin.

TONGUE-DEPRESSOR FOR GEL AND ACRYLIC APPLICATION



The extremely useful tool for precise acrylic and gel application.

FORCEPS FOR BENDING WIRE (ROUND)



The working part of the pliers has got two round and thin ends which allow to make the hooks in wire braces. It enables to fit perfectly the shape of the brace to the nail plate.

FORCEPS FOR CUTTING WIRE



The pliers are used to cut max. 0,5 mm thick wire. The cutting part is made of the hardened material (cemented carbide) to extend the tool life. The sharp tip allows to cut the wire precisely on the nail plate.



PODOLOGICAL WIRE FOR PODOPHARM ORTHONYXIE BRACES

The wire has got **CE Certificate** and **registered as a medical tool**. It is produced in Poland by Chirmed Manufacturer of Medical Instruments for PODOPHARM Sp. z o.o.

Products characteristics:

Podological wire for orthonyxie braces is used in podology to shape the braces autonomously. It is addressed to patients for correction of ingrown nails. It is an alternative to surgery and works as orthodontic braces.

Purpose of application of the podological wire for orthonyxie braces:

1. To change the way of the nail plate growth
2. To prevent ingrown of the nail plate into the nail fold
3. Correction of incorrectly (pathologically) formed nail plate
4. No restrictions on life activity

What is characterized podological wire ?

- High load resistance connected with fluidic influences
- High corrosion resistance
- Biocompatibility
- Resistance corresponding to the requirements resulting from application
- High plasticity and capability to form different types of shapes

Available in two variants:

- 0,3 mm, hard or soft, 5 m or 25 m
- 0,4 mm, hard or soft, 5 m or 25 m

PODOPHARM[®]

PROFESSIONAL



COSMETICS LINE

PODOPHARM[®] PROFESSIONAL

LEGEND

- Treatment for dry, cracked and dehydrated skin
- Treatment for sensitive and prone to irritation skin
- Refreshing, antifungal treatment, prevent excessive sweating
- Products for podologist controlled treatment

MANICURE PEDICURE SPA HAND AND FOOT BATH SALTS WITH GOJI BERRY EXTRACT

Indication: For hand and foot bath prior to cosmetic manicures or pedicures.

Action: Salt crystals rich in macro and microelements create a unique combination with goji berry extract. Goji berries provide an energizing composition of vitamins (groups B and C), minerals, and amino acids, effective against free radicals while slowing down the aging process of the skin.

The fresh cranberry scent relaxes and energizes for the whole day. In addition, the product is enriched with allantoin and betaine, which moisturise and soften the skin, preparing it for the next stage of treatment.

Recommended use: Dissolve one cap of the salts in 3 litres of warm water (max. 38°C). It is recommended that a foot bath should last about 15 minutes. Hand bathing should last for about 10 minutes, using a small amount of the salts in a bowl of warm water. Then, rinse the hands or feet, dry thoroughly and proceed to the next stage of the treatment.

Volume: 1400g



PP 01

PEDICURE SPA FOOT BATH SALTS WITH HERBAL EXTRACT

Indication: For foot baths prior to cosmetic pedicures.

Action: Salt crystals rich in macro and microelements create unique combinations with extracts of calendula, licorice, sage and wild water mint. Combining these components gives the product strong moisturising, anti-fungal and deodorizing effects. The product is enriched with allantoin, which softens callused skin, preparing it for the next stage of treatment.

Recommended use: Dissolve one cap of the salts in 3 litres of warm water (max. 38°C). It is recommended that a foot bath should last about 15 minutes. Then, rinse the feet, dry them thoroughly and proceed to the next stage of treatment.

Volume: 1400g



PP 02

MANICURE PEDICURE SPA FOOT BATH SALTS WITH VITAMIN E AND MINERALS

Indication: For foot bath before pedicure treatment.

Action: Salt crystals rich in macro and microelements create an unique combination with grapefruit extract and vitamin E. Combining these ingredients makes the salt intensively moisturising and refreshing. It reduces foot odours as well. It is also enriched with allantoin which softens callused skin preparing it for the next stage of the treatment.

Recommended use: Dissolve one cap of the salt in 3 litres of warm water (max. 38°C). A foot bath should last about 15 minutes. Then rinse the feet, dry them thoroughly and proceed to the next stage of the treatment.

Volume: 1400g



PP 26

PODOFLEX® SOFTENING BATH PEARLS HANDS AND FEET WITH UREA AND VITAMIN E

Indication: For hand and foot bath before manicure, pedicure treatment and also body relaxation bath. For skin in need of regeneration and moisturising. **Recommended for diabetics.**



PP 28

Action: Concentrated pearls contain as much as 97% urea and vitamin E known as vitamin of youth which effectively fights free radicals. They perfectly refresh and soothe even the most demanding skin. The presence of a fruity aroma leads to a state of complete relaxation.

Recommended use: Dissolve half of the cap in 3 litres of warm water (max. 38°C). A foot bath should last about 10-15 minutes. After the bath rinse hands and feet, dry them thoroughly and proceed to the next stage of the treatment.

Volume: 400g

PODOFLEX® SKIN SOFTENING GEL FOR MEDICAL PEDICURES

Indication: For local softening of hard skin, calluses and corns on the feet. Prior to medical pedicures. **Recommended for diabetics.**



PP 04

Action: The product contains urea (25%) and glycerine, which effectively softens the skin and prepares it for the next stage of treatment. In addition, the gel is enriched with biolin, a prebiotic which maintains the natural balance of the skin, and sage, which has soothing and refreshing effects.

Recommended use: Apply the product to the area to be treated. Application time depends on the degree of keratosis, but is generally 3 to 5 minutes. Then, the callused skin should be removed using a scalpel or drill debrider. At the end of treatment, wash the feet with warm water and apply a suitable cream.

Volume: 500ml

PODOFLEX® SKIN SOFTENING SPRAY FOR MEDICAL PEDICURES

Indication: For softening of cornified epidermis, including callosities and corns. **Recommended for diabetics.**

Action: The spray contains 20% of urea, 5% of lactic acid, aloe vera juice, panthenol and allantoin to intensely soften the epidermis, maximising comfort during podological treatments. The aroma of mint perfectly refreshes and relaxes the feet. The product does not require rinsing or pre-soaking of the feet.

Recommended use: Spray onto the feet from a distance of about 10 cm. Leave for 3 to 5 minutes before beginning to remove the calluses, followed by the subsequent stages of the foot treatment.

Volume: 200 ml



PP 31



PP 06

MANICURE PEDICURE SPA VITAMIN FLUID FOR HANGNAIL REMOVAL

Indication: For removal of hangnails around finger and toe nails.

Action: Rapidly and effectively softens and moisturizes hangnails. Supplemented with a **vitamin complex**.

Recommended use: Apply the preparation to hangnails. Leave for 5 minute. Remove the hangnails using a cosmetic bud. Rinse hands/feet with warm water. Do not apply to irritated or wounded skin. Contains alkalis. Avoid contact with eyes. May cause vision loss. Keep away from children.

Volume: 150ml

MANICURE PEDICURE SPA SALT AND SUGAR SCRUB FOR HANDS AND FEET WITH SHEA BUTTER AND GOJI

Indication: For hand and foot peeling prior to cosmetic manicures or pedicures. It is also recommended for the peeling of elbows and knees.

Recommended for diabetics.

Action: Salt crystals, rich in macro and microelements, in combination with sugar crystals and shea butter, create an excellent exfoliating product. They also intensely moisturise the skin of your hands and feet. The product contains goji berry extract, which is rich in nutrients (vitamins B and C, amino acids, and minerals), effectively combating the effects of free radicals and slowing down the aging process of the skin. The cranberry scent helps us to relax.

Recommended use: Apply the scrub to wet feet and hands. Perform the massage. Occlusion work can be used to enhance the effect of deep moisturising and skin regeneration. Rinse with warm water, dry thoroughly and apply a suitable cream.

Volume: 600g

PODOFLEX® CREAMY HAND AND FOOT SCRUB WITH MICROSILVER

Indication: For hand and/or foot peels prior to manicure or pedicure treatments. **Recommended for diabetics.**

Action: Natural fine particles from apricot kernels, hazelnut and almond shells in a creamy emulsion to create an efficient scrub for a cornified epidermis. The scrub contains microsilver and chestnut tree extract for a soothing action. Shea butter and lanolin provide skin moisturising and regeneration. The pleasant and delicate smell of the product ensures great comfort during it use.

Recommended use: Apply the scrub to the hands and and/or feet. Perform the massage. Rinse with warm water, dry thoroughly and apply a suitable preparation.

Volume: 600 ml



PP 09



PP 10

MANICURE PEDICURE SPA SALT AND SUGAR SCRUB FOR HANDS AND FEET WITH A COMPLEX OF VITAMINS AND MINERALS



PP 27

Indication: Used for hands and feet peeling before manicure or pedicure treatment. Also recommended for elbows and knees.

Action: Sugar and salt crystals high in macro and microelements combined with natural almond seeds, walnuts shells and apricot pits a create perfect combination with exfoliating properties. It intensively moisturises the skin of hands and feet thanks to shea butter and plant glycerine. It also contains omega vitamin complex rich in nutrients which effectively fights free radicals and slows down the aging process of the skin.

Recommended use: Apply the scrub on your hands and feet. Massage the skin. To intensify the effect of a deep skin moisturisation and regeneration use the foil occlusion. This 2 in 1 product should be used as scrub and mask. Rinse well with warm water, dry thoroughly and apply a suitable cream.

Volume: 600g

SKINFLEX® HAND AND FOOT MASK WITH MICROSILVER

Indication: Intended for pedicure and manicure treatments.

Recommended for diabetics.

Action: The mask contains: cotton oil, vitamin E, Shea butter and lanolin, providing deep moisturising and regeneration of the epidermis. Microsilver and panthenol soothe, while urea (10%) moisturises and softens the skin. Pleasant smell makes this product really enjoyable to use.

Recommended use: Apply a thick layer of the mask onto the hands and/or feet and wrap them in foil. Leave for 15-20 minutes. Remove excess mask with a cosmetic pad. This mask can be used for treatments involving cosmetic paraffin. In the case of thin film application, leave the preparation to be absorbed, do not wash.

Volume: 10ml, 75ml, 600ml



PM 32, PM 20, PP 20

SKINFLEX® HAND CREAM-MASK WITH SHEA BUTTER AND GOJI

Indication: Very dry, rough and damaged skin on the hands.

Recommended for diabetics.

Action: The unique combination of natural fats shea oil, soya oil and lanolin provides an instant, deep moisturising effect. Due to the provitamin B5 and vitamin E, the skin becomes elastic and resistant to irritation. The product contains goji berry extract, which is rich in vitamins B and C. Additionally, it combats the effects of free radical, and has protective and nourishing properties. Allantoin supports the renewal of damaged skin.

Recommended use: Apply to your hand and massage in until completely absorbed. Occlusion work is recommended to enhance the therapeutic effect.

Volume: 500ml



PP 07

PODOFLEX® FOOT CREAM WITH COLOSTRUM



PP 34

Indication: For dry feet in need of rejuvenation.

Recommended for diabetics and pregnant women.

Action: Concentrated cream based on liquid crystal technology containing an innovative ingredient colostrum bovine with 40% fat. Bovine colostrum is recognized for its beneficial properties. The combination of natural oils: buriti, coconut, olive oil and shea butter provide deep moisturising, for the feet as well as softness and elasticity. Aloe vera juice, allantoin, sage and chestnut extracts all have regenerating properties.

Recommended use: Rub the cream onto the feet. Apply 1-2 times daily for as long as required.

Volume: 150ml

PODOFLEX® FOOT CREAM WITH LIPIDS



PP 11

Indication: For dry feet with a tendency to hyperkeratosis.

Recommended for diabetics.

Action: This product is a unique combination of natural fats originating from shea oil, soya oil, lanolin and glycerine. It contains goji berry extract, which is rich in vitamins B and C, effectively combating the effects of free radicals and slowing down the aging process of the skin. Allantoin soothes skin irritations and supports the renewal of damaged skin. Thanks to its consistency, the cream is fully absorbed, leaving your feet soft and smooth.

Recommended use: Apply a suitable amount of the product to your feet. Massage the cream into the skin until it is fully absorbed.

Volume: 500ml

PODOFLEX® ANTIFUNGAL FOOT SPRAY



PP 32

Indication: For daily foot care as antifungal prophylaxis. Perfect for anybody who does sports or uses swimming pools. **Recommended for diabetics.**

Action: The spray contains a high 2% concentrate of innovative ingredient Dermosoft® Decalact liquid, which has an antibacterial properties and protects the feet from fungal infections. The Chestnut tree, sweet clover, witch hazel and ruscus extract which all reduce the feeling of heavy feet. Natural aromatic citric and lavender oils have a relaxing action and eliminate unpleasant odours. Menthol allows a cooling sensation.

Recommended use: Spray onto the feet from a distance of about 10 cm. Perfect to finish a pedicure treatment.

Volume: 200ml

PODOPHARM[®]

THERAPY



COSMETICS LINE

PODOPHARM[®] THERAPY

LEGEND

- Treatment for dry, cracked and dehydrated skin
- Treatment for sensitive and prone to irritation skin
- Refreshing, antifungal treatment, prevent excessive sweating
- Products for podologist controlled treatment

ONYGEN® CREAM **WORLD INNOVATION!**



PT 01

Indication: Onycholysis, regeneration of the nail bed of weakened fingernails and toenails.

Action: The innovative formula protected by patent law contains colostrum bovine with 40% fat. This ingredients contains more than 250 compounds that are highly concentrated and are not found in any other products of natural origin. Proteins such as immunoglobulin, lactoferrin, lysozyme and lactoperoxidase contained in colostrum have strong antibacterial, antiviral and antifungal properties. Moreover, colostrum bovine contains fats, carbohydrates, growth factors, derivatives of nucleic acids as well as B vitamins and vitamin A, D, E and highly absorbable calcium. Due to the liquid crystal emulsions, that the formula of the product is based on, the penetration of active ingredients is more effective because of their lamellar structure. The cream contains squalene, valuable sea buckthorn and avocado oils which have regenerative properties.

Recommended use: Apply the cream to the parts that need to be cured. Massage the cream into the skin twice a day. Once a week apply it at night time when dealing with occlusion. Use the cream under the supervision of a podologist.

Volume: 20ml



PT 03

MYKOBOOSTER® NAIL OIL

Indication: For fingernail and toenail care with tendency to onychomycosis.

Recommended for diabetics.

Action: The oil includes the blend of natural tamanu oil, tea tree oil, peppermint oil and oregano oil which all have antifungal, antibacterial and caring properties.

Recommended use: Apply the oil on nail plate twice a day in the morning and in the evening for several months until desirable effect is achieved. To achieve better results use ONYGEN® Cream or Tincture for onychomycosis. A regular nail cleansing at the podologists office is recommended.

Volume: 10ml



PODOFLEX® MYCOSTATIC TINCTURE FOR NAILS



Indication: An antifungal tincture for the nails of hands and feet.
Recommended for diabetics.

Action: This concentrated tincture includes silver water, copper water, marshmallow extract, thyme extract, sage extract, lime extract, mandarin extract, rosemary extract, tea oil, sage oil, lavender oil, grapefruit oil, manuka oil, clove oil and cinnamon oil. All these ingredients have wide antifungal and antibacterial properties.

Recommended use: Apply the tincture 1-2 times a day onto the nails previously cleaned in a podologists office. Continue treatment until satisfactory effect is achieved.

Volume: 10ml

PODOFLEX® FLUID FOR INGROWN TOENAILS



Indication: Treatment of feet with ingrown nails and callused around the nails.
Recommended for diabetics.

Action: A combination of natural oils: tea tree, clove, lavender and peppermint provides the product with softening, disinfecting and refreshing properties. It supports antifungal prophylaxis of the nails and soothes irritation and inflammation of the skin. The product contains rich in lecithin and vitamin E natural soy bean oil, which perfectly nourishes the skin and supports the protective lipid barrier.

Recommended use: Apply 1-2 drops to the affected area. Use regularly, twice a day.

Volume: 10ml



PODOPHARM[®]

M E D



COSMETICS LINE

PODOPHARM[®] MED

LEGEND

- Treatment for dry, cracked and dehydrated skin
- Treatment for sensitive and prone to irritation skin
- Refreshing, antifungal treatment, prevent excessive sweating
- Products for podologist controlled treatment



PM 01

SKINFLEX® SPECIALIST DRY SKIN CREAM

Indication: For the care of hands, feet and body. The cream is well tolerated by even the most sensitive of skin. **Recommended for diabetics.**

Action: Intensive and long-lasting moisture, regenerates irritated and damaged skin; reduces an excessive tendency for cuticle peeling; eliminates of itchiness, burning sensations, tension and tightness; reinforces the protective layer, recovers of the hydrolipidic layer.

Recommended use: Gently massage the cream in cleaned and dried skin of hands, feet and body. Apply every morning and evening for a period of 4 to 6 weeks. If necessary, reapply the cream after a 3 to 4-week break. In order to provide comprehensive skin care, it is advised to apply other products from the SKINFLEX® line.

Volume: 150ml



PM 02

SKINFLEX® REGENERATING BODY SERUM

Indication: For the daily treatment of atopic, dry and flaking skin.

Recommended for diabetics.

Action: The serum formula is based on an innovative liquid crystal technology. The combination of natural oils like: buriti oil, coconut oil, olive oil, and shea butter regenerates the skin, provides deep moisture, softness, elasticity. The presence of active ingredients such as Aloe vera juice, allantoin, licorice extract and vitamin F, ensures the ideal care of demanding skin. Due to the unique and subtle fragrance, the serum is a pleasure to use. It does not leave any oily residue.

Recommended use: Apply the serum over the whole body and rub it in.

Volume: 200ml



PM 04

SKINFLEX® FOAMY SERUM FOR HANDS AND NAILS

Indication: For the everyday care of hands and nails. **Recommended for diabetics.**

Action: Concentrated blend in the form of a light foam. Contains shea butter and vitamin E which perfectly moisturise even very damaged skin. Zemea® Propanediol which is an innovative ingredient derived from corn through a fermentation process and Hydromanil™ to provide long-lasting hydration. Allantoin soothes skin irritations and supports the regeneration of the epidermis. Thanks to its consistency, the foam is fully absorbed, leaving the hands moisturised with a pleasant smell.

Recommended use: Shake before use. Keep the container upright and press the release appropriate amount of the foam (about 3 cm). Apply to clean and dry hands. Massage into the skin until fully absorbed. Use 1-2 times a day, or as required. Ideal at the end of the manicure treatments.

Volume: 125ml

SKINFLEX® BARRIER FACE CREAM WITH COLOSTRUM

Indication: For everyday care of dry and atopic skin exposed to unfavourable weather conditions. It also helps support the regeneration of the epidermis.

Recommended for diabetics and pregnant women.

Action: Concentrated cream based on liquid crystal technology, containing an innovative ingredient colostrum bovine with 40% fat. Bovine colostrum is recognized for its beneficial properties. The combination of natural oils olive, avocado, and buriti with shea butter gives an effect of rapid skin moisturisation and improves skin elasticity. The aloe vera juice, 4% panthenol and vitamin F contained in the cream soothe skin irritation and support regeneration of epidermis. Fragrance free. Silky consistency provides comfort during usage.

Recommended use: Massage a suitable amount of the cream gently into your face and neckline. Apply 1-2 times daily for as long as you need.

Volume: 50ml



PM 12

PODOFLEX® CREAMY FOOT FOAM FOR KERATOSIS

Indication: For the everyday care of dry feet with a tendency to keratosis.

Recommended for diabetics.

Action: Concentrated product in the form of a light foam. The cream contains 15% of urea to prevent hyperkeratosis. Almond oil in the formula contains oleic acid, linoleic acid and vitamins (A, B1, B2, B6, D and E). Allantoin and marigold extract soothe irritations, help the regeneration on damaged epidermis and have softening properties. Thanks to its consistency, the foam is fully absorbed, leaving the feet feeling moisturised and smooth.

Recommended use: Shake well before use. Keep the container upright and press to release appropriate amount of the foam (about 3 cm). Apply to clean and dry feet. Massage into the skin until fully absorbed. Apply once or twice a day. Ideally at the end of podologic treatments.

Volume: 125ml



PM 09

PODOFLEX® CREAMY FOOT FOAM WITH ACTIVE SPIRULINA

Indication: For everyday care of sensitive skin of the feet. For those with an active lifestyle. Prevents formation of feet calluses, blisters and abrasions.

Recommended for diabetics and active people.

Action: Concentrated product in the form of a light foam. Contains squalene to stabilise the structure of skin lipids and perfectly regenerates the epidermis. It is a natural ingredient of human sebum. It has a vital role in maintaining the condition of human skin. Spirulina contains a variety of minerals, amino acids, vitamins and proteins. Allantoin soothes skin irritations and supports the regeneration of the epidermis. The foam has a pleasant smell and consistency, and is easily absorbed. It leaves the feet feeling moisturised and smooth.

Recommended use: Shake well before use. Keep the container upright and press to release appropriate amount of the foam (about 3 cm). Apply to clean and dry feet. Massage into the skin until fully absorbed. Apply once or twice a day. Ideally at the end of podologic treatments.

Volume: 125ml



PM 08

PODOFLEX® FEET OINTMENT WITH 10% UREA



PM 33, PM 05

Indication: Treatment of feet with a tendency for hyperkeratosis, calluses or cracking. For softening nailfolds. **Recommended for diabetics.**

Action: The product contains urea (10%) and Aloe vera gel, which provide the skin with elasticity and softness, and prevent further keratinisation. The ointment contains shea butter and lanolin, which creates a lubricating effect. Arginine, vitamin E, vitamin PP and allantoin improve the appearance of skin. Yellow sweet clover extract soothes and tea tree oil has regenerating and refreshing effect.

Recommended use: Apply the ointment to the areas of hyperkeratinisation. Use twice a day or once daily as a prophylaxis. Perfect at the end of a cosmetic and medical pedicure treatment.

Volume: 10ml, 75ml

PODOFLEX® FOOT CREAM WITH SILVER IONS



PM 11

Indication: Recommended for everyday foot care for people leading active life styles, travelling, doing sports and also adolescents.

Recommended for diabetics.

Action: The innovative cream formula is based on liquid crystal technology, which includes a patented ingredient Dermosoft® (2%) Decalact liquid and silver ions which have antibacterial properties as well as protect feet from fungal infections. This cream has a variety of properties such as preventing foot perspiration and eliminating odour. Natural avocado oils, olive oil, lanolin, vitamin E and aloe vera juice that are all contained in the cream can cure and regenerate epidermis. 5% new generation urea provides better penetration of the active components into the skin. The pleasant fragrance provides comfort while using it. It's consistency allows full absorption. The cream's antifungal and antibacterial effectiveness has been confirmed by independent laboratory tests.

Recommended use: Apply a suitable amount of cream onto a clean and dry foot skin and massage in until completely absorbed. Use regularly 1-2 times a day or only at night if PODOFLEX® Antifungal Spray is used during the day.

Volume: 75ml

PODOFLEX® ANTIFUNGAL FOOT SPRAY



PM 07

Indication: For daily foot care as antifungal prophylaxis. Perfect for anybody who does sports or uses swimming pools. **Recommended for diabetics.**

Action: The spray contains a high 2% concentrate of innovative ingredient Dermosoft® Decalact liquid, which has antibacterial properties and protects the feet from fungal infections. The Chestnut tree, sweet clover, witch hazel and ruscus extract which all reduce the feeling of heavy feet. Natural aromatic citric and lavender oils have a relaxing action and eliminate unpleasant odours. Menthol allows a cooling sensation.

Recommended use: Spray onto the feet from a distance of about 10 cm. Perfect to finish a pedicure treatment.

Volume: 100ml

PODOFLEX® OINTMENT FOR CRACKED AND CALLOUSED SKIN ON THE FEET



PM 31, PM 19

Indication: For dry feet with a tendency to hyperkeratosis and cracking.
Recommended for diabetics.

Action: The product contains an unique combination of natural fats originating from shea butter and lanolin, which have strong moisturising properties. The allantoin contained in the ointment has regenerative properties and supports the renewal of damaged skin. The product contains urea (25%) and pro-vitamin B5, which contribute to skin softness and elasticity while preventing keratosis. Natural extracts of sage and rosemary have toning and refreshing properties.

Recommended use: Apply a suitable amount of product to your feet. Massage the cream into the skin until it is fully absorbed. Occlusion is recommended to enhance the therapeutic effect.

Volume: 10ml, 75ml

PODOFLEX® REGENERATING AND SOOTHING OINTMENT



PM 34

Indication: For intensive care of dry, rough skin of the feet, elbows and knees. This ointment is also recommended for lip care, especially in connection with isotretinoin acne treatment. **Recommended for diabetics.**

Action: The rich formula is based on natural fat from colostrum, beeswax, shea butter, avocado oil and sea buckthorn oil. All ingredients have been selected to give an effect of intensive regeneration and comfort, effectively reducing dry epidermis. Hypoallergenic lanolin helps to rebuild the hydrolipid skin barrier. Beta glucan, kalanchoe extract and vitamin E and F make the skin flexible and help the natural regeneration processes. Pleasant fragrance is achieved entirely by the natural mint oil.

Recommended use: Apply the ointment to the parts that need to be cured. Use regularly twice a day until desired effect is achieved.

Volume: 60ml

PODOFLEX® INTENSIVELY STRENGTHENING SERUM FOR NAILS



PM 21

Indication: For the intensive regeneration of damaged and weakened fingernails and toenails. Perfect for moisturising and nourishing of cuticles after manicure or pedicure. **Recommended for diabetics.**

Action: A unique combination of natural oils: hemp, tamanu, canola and wheat germ oils which regenerative and moisturising properties. Myrrh extract reinforces the nail plate and stimulates it to faster growth. The formula also includes Vitamin E, which prevents nails from breaking and splitting.

Recommended use: Apply an appropriate amount of the serum to nails and cuticles. Rub the serum in until all is absorbed. Use regularly in accordance

Volume: 10ml

SKINFLEX® HAND CREAM-MASK WITH SHEA BUTTER AND GOJI

Indication: Damaged skin of the hands. **Recommended for diabetics.**

Action: The unique combination of natural fats from shea oil, soya oil and lanolin provides an instant, deep moisturising effect. Due to the presence of pro-vitamin B5 and vitamin E, the skin becomes elastic and resistant to irritation. The product contains goji berry extract, which is rich in vitamins B and C. Additionally, the product combats the effects of free radicals and has protective and nourishing properties. Allantoin supports the regeneration of damaged skin.

Recommended use: Massage onto your hands and massage in until completely absorbed. Occlusion is recommended to enhance the therapeutic effect.

Volume: 75ml



PM 17

PODOFLEX® FOOT CREAM WITH LIPIDS

Indication: For dry feet with a tendency to hyperkeratosis.

Recommended for diabetics.

Action: This product is a unique combination of natural fats originating from shea oil, soya oil, lanolin and glycerine. It contains goji berry extract, which is rich in vitamins B and C, effectively combating the effects of free radicals and slowing down the aging process of the skin. Allantoin soothes skin irritations and supports the renewal of damaged skin. Thanks to its consistency, the cream is fully absorbed, leaving your feet soft and smooth.

Recommended use: Apply a suitable amount of the product to your feet. Massage the cream into the skin until it is fully absorbed.

Volume: 10ml, 75ml



PM 30, PM16

PODOFLEX® FOOT CREAM WITH COLOSTRUM **NEW !**

Indication: For dry feet in need of rejuvenation.

Recommended for diabetics and pregnant women.

Action: Concentrated cream based on liquid crystal technology containing an innovative ingredient colostrum bovine with 40% fat. Bovine colostrum is recognized for its beneficial properties. The combination of natural oils: buriti, coconut, olive oil and shea butter provide deep moisturising, for the feet as well as softness and elasticity. Aloe vera juice, allantoin, sage and chestnut extracts all have regenerating properties.

Recommended use: Rub the cream onto the feet. Apply 1-2 times daily for as long as required.

Volume: 75ml, 500ml



PM 15, PP 35

EXAMPLE OF TREATMENTS AND PODOLOGICAL THERAPIES WITH THE USE OF PREPARATIONS PODOPHARM®



PREPARATIONS USED IN THERAPY



● **PODOFLEX®**
Antifungal foot spray

● **PODOFLEX®**
Skin softening spray for medical pedicures

● **PODOFLEX®**
Foot ointment with 10% UREA

TREATMENT PERFORMED BY

Katarzyna Szostek, Amavi Centrum Urody i Podologii, ul. Rogowska 42b/1, Wrocław



PREPARATIONS USED IN THERAPY



● **PODOFLEX®**
Ointment for cracked and calloused skin on the feet contains 25% UREA

● **PODOFLEX®**
Skin softening gel for medical pedicures contains 25% UREA

TREATMENT PERFORMED BY

Małgorzata Nawała, Śląskie Centrum Podologii, ul. Łukasieńskiego 12A, Chorzów



PREPARATIONS USED IN THERAPY



● **PODOFLEX®**
Mycostatic tincture for nails

● **ONYGEN®** Cream

TREATMENT PERFORMED BY

Katarzyna Książek-Ciupka, Auxilium gabinet-rehabilitacyjno-podologiczny, ul. Zwycięstwa 11, Kędzierzyn-Koźle

PREPARATION USED IN THERAPY

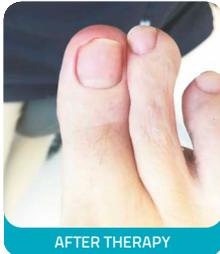


● ONYGEN® Cream

THERAPY BY

Katarzyna Korona, Śląskie Centrum Podologii, aleja Przyjaźni 11, Gliwice

PREPARATION USED IN THERAPY



● ONYGEN® Cream

THERAPY BY

Katarzyna Korona
Śląskie Centrum Podologii,
aleja Przyjaźni 11, Gliwice

PREPARATION USED IN THERAPY



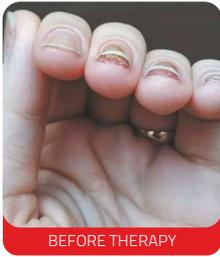
● PODOFLEX®
Mycostatic tincture for nails



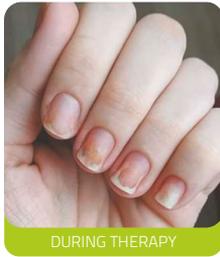
● ONYGEN® Cream

THERAPY BY

Katarzyna Wzorek
PODOPHARM® Gabinet Zdrowej Stopy,
ul. Klonowa 23/4, Kielce



BEFORE THERAPY



DURING THERAPY



DURING THERAPY



AFTER THERAPY

THERAPY BY

Lidia Zerek
Gabinet Zdrowych Stóp,
ul. Cezarego 12, Tomaszów Mazowiecki

PREPARATIONS USED IN THERAPY



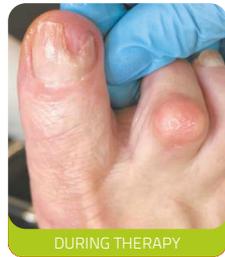
● ONYGEN® Cream



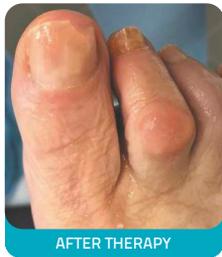
BEFORE THERAPY



DURING THERAPY



DURING THERAPY



AFTER THERAPY

PREPARATIONS USED IN THERAPY



● PODOFLEX®
Antifungal foot spray



● PODOFLEX®
Mycostatic tincture for nails



● MYKOBOOSTER®
Nail oil

THERAPY BY

Katarzyna Kłosińska
PodoStrefa – Gabinet Zdrowej Stopy
ul. Pisarka 1B/2-3 Mielec

PREPARATION USED IN THERAPY



BEFORE THERAPY



AFTER THERAPY



● PODOFLEX®
Regenerating and soothing ointment

THERAPY BY

Katarzyna Kłosińska, PodoStrefa – Gabinet Zdrowej Stopy, ul. Pisarka 1B/2-3 Mielec

INDIVIDUAL AND PRACTICAL PODOLOGY TRAINING

- Knowledge and experience of 5 different trainers
- Possibility to practice in all locations
- Individual course of teaching
- Onycholysis therapy - ONYGEN®
- Innovative training program

Training Center Kielce

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International Trade Fair
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in Gdansk 2016 y.



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LNE
in Cracow 2016 y.



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2016 y.



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International Trade Fair
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in Warsaw 2017 y.



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International Trade Fair
and Congress LNE
in Cracow 2017 y.



Świętokrzyski Rationalizer
assigned for patents
Kielce 2018 y.



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BEAUTY FORUM
in Warsaw 2018 y.



International Trade Fair
BEAUTY FORUM
in Warsaw 2017, 2018 y.



International Trade Fair
BEAUTY FORUM
in Warsaw 2019 y.



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